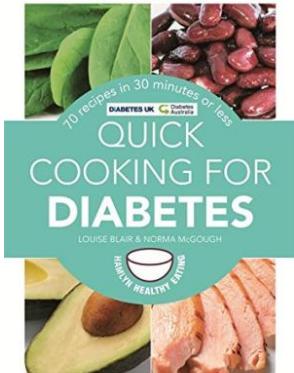


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QUICK COOKING FOR DIABETES: 70 RECIPES IN 30 MINUTES OR LESS



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