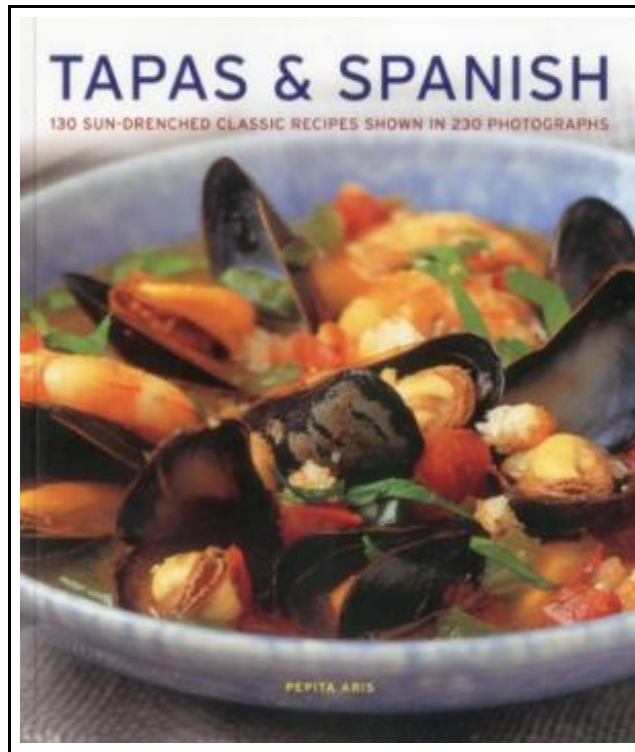


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Reviews



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TAPAS & SPANISH: 130 SUN-DRENCHED CLASSIC RECIPES SHOWN IN 230 PHOTOGRAPHS



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Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Tapas & Spanish: 130 Sun-drenched Classic Recipes Shown in 230 Photographs, Pepita Aris, This title features 130 sun-drenched classic recipes shown in 230 photographs. The authentic taste of Spain is explored in traditional and regional recipes. You can create a menu in traditional Spanish style from these inspiring recipes for tapas, fish and shellfish, rice, pasta and delicious desserts. It features a range of superb recipes, including simple tapas such as Spinach Empanadillas, tasty soups such as Andalusian Gazpacho, main dishes such as Catalanian Zarzuela and Asturian Fabada, as well as the incomparable paella rice dishes of the south. An illustrated section explores the different regions of Spain and the ingredients used in the Spanish kitchen, and provides hints on preparation and cooking techniques. Each beautifully photographed recipe is easy to follow and features a complete nutritional analysis. Spanish food is renowned for its sizzling taste, wonderful fresh ingredients and regional diversity. Tapas - the famous little bar dishes - are recognized the world over and enjoyed as tasty bites at all times of the day. This fully illustrated book is a showcase from over 130 delicious recipes from one of Europe's best-loved cuisines. Fresh, bright and contemporary, it features Spanish national classics such as Sopa de Mariscos, Cocido, Paella Valenciana, Chorizo with Chestnuts, Patatas Bravas, and Spicy Sausage and Cheese Tortilla, to name but a few. The recipes are easy to follow, and each has a nutritional analysis to help you plan your meals.

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