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## Dream Patterns: Coloring Book (Paperback)

By Patricia A Arnold

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Patricia A Arnold, Lisa R Arnold (illustrator). 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Dream Patterns Coloring Book includes original illustrations by artists Patricia Arnold and Lisa Arnold. Coloring encourages wellness and inner peace. This simple, soothing activity stimulates the areas of the brain responsible for creativity, motor skills, and the senses. Join others of all ages in this soothing activity. Organized in three parts, this adult coloring book has 34 illustrations to color. The Imagination Garden includes floral patterns, birds and landscapes. Celestial Dreams contains coloring pages inspired by the sun, moon and stars. Underwater Inspirations takes you under the sea and into lakes filled with koi. Choose your favorite page and color it using crayons, color pencils or just about anything you like to color with. If using markers, place a sheet of paper behind the page you are coloring to prevent bleed through. Each drawing was created specifically for this book. Existing stock images were not used.



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