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From Crying Baby to Contented Baby

By Gina Ford

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, From Crying Baby to Contented Baby, Gina Ford, All parents relish that very first cry from their newborn baby. Yet as the crying continues it can become deeply stressful. And no sooner have you worked out what your young baby is trying to tell you - often hunger, fatigue or discomfort - than they grow older and the reasons more complex - teething pain, anxiety or simply frustration. In From Crying Baby to Contented Baby, Britain's bestselling childcare author, Gina Ford, outlines the common triggers for each specific age group, whether it's a five-week-old or a 10-month-old, to help you determine the most likely cause for your baby's distress so that you can respond to their needs and quickly comfort and settle them. Full of practical tips such as encouraging parents to 'stop, look, listen', and lots of reassuring advice, your baby - and you! - will soon be calm and content once more.



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