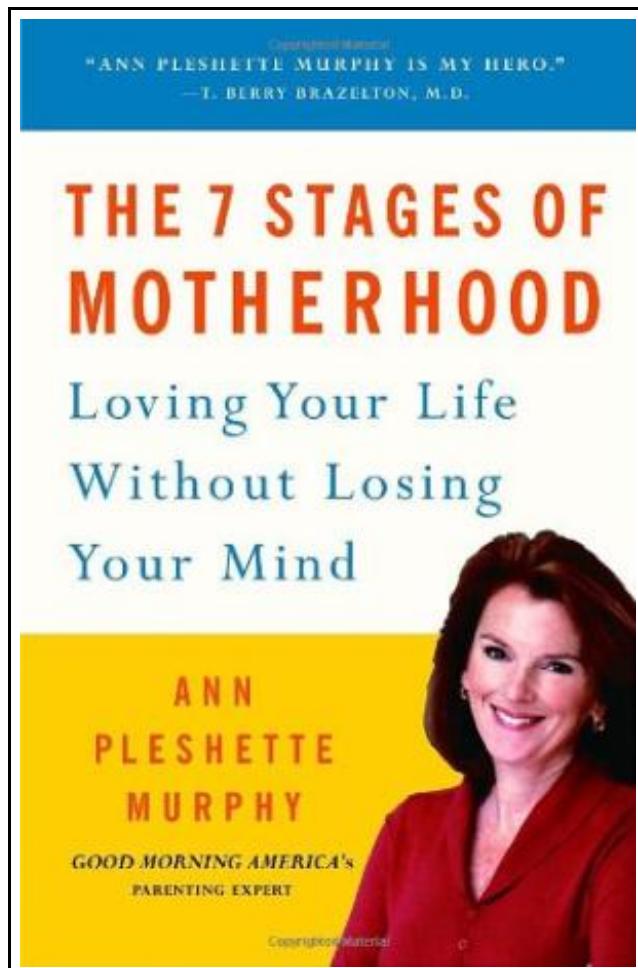


The 7 Stages of Motherhood: Loving Your Life Without Losing Your Mind (Paperback)



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Reviews

Thorough guide! Its this sort of excellent read. It is really simplified but unexpected situations in the 50 % in the book. You are going to like just how the blogger create this publication.
(Prof. Lela Steuber)

THE 7 STAGES OF MOTHERHOOD: LOVING YOUR LIFE WITHOUT LOSING YOUR MIND (PAPERBACK)

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Anchor Books, United States, 2006. Paperback. Book Condition: New. Reprint. 198 x 127 mm. Language: English . Brand New Book. This refreshingly candid parenting book puts mothers--not children--center stage. Ann Pleshette Murphy provides a reassuring, wise, and often wildly funny mix of anecdotes and advice as she describes the seismic shifts in women's lives and identities from pregnancy through a child's graduation. She draws on countless conversations with mothers and with child development experts she has met as the parenting contributor to Good Morning America and as the former editor-in-chief of Parents magazine. The mother of two, Murphy freely shares her own trials and errors in stories that will have readers laughing in relief and recognition. Written with wit, warmth, and unfailing empathy, The 7 Stages of Motherhood is an exuberant and indispensable guide to making the most of motherhood. Words of Wisdom for Every Stage of Motherhood Forget the mothering comes naturally myth: And don't be afraid to ask for help Avoid keeping up with the Joneses: Give your kids what they need, not everything they want. Know when you're in the wrong movie: Don't try to cast your kids in a remake of your childhood. Give yourself credit for finding Lego Man's hair: Little acts of caring matter more to your kids than getting through your to-do list Be a mother, not Mother Teresa: When you neglect your own needs, you shortchange your kids.



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